Healthy eating behaviors are obtained from influences at home and in child care settings. Here are some healthy eating snippets for child care providers to reflect and share.

Providers who force children to clean their plate and use food as a reward, punishment or pacifier are less likely to help children develop healthy eating behaviors. Working parents who screen daycares for good food and nutrition practices can be confident their children are getting the nutrition they need and developing healthy eating habits to help them avoid diet-related problems as they grow older.

Dr. Theresa Nicklas, research nutritionist USDA/ARS Children’s Nutrition Research Center and professor of pediatrics at Baylor College of Medicine in Houston, TX

**Best Practices at Mealtimes**

Child care providers who are good role models make mealtime and snack-time positive, cheerful, unhurried events. Providers should sit with children during meal periods, eat the same foods the children do, offer choices and give children an opportunity to serve themselves. They should engage children in upbeat food-related conversations, plus make positive comments about nutrition, and they should encourage, but not require, children to taste all foods.

**Make Mealtime a Happy Time**

Encourage social interaction. Teach children the social aspects of dining as well as how to feed themselves.

Provide a transition or quiet time just before meals so that mealtime can be relaxed.

Continued on p. 4
Support Hawaii’s most precious resource, our keiki!

Please keep PATCH in mind for 2015-2016 campaigns:

You can pledge to PATCH using Agency Support #96420 in the Aloha United Way annual campaign. Or designate PATCH for Kauai United Way and Hawaii Island United Way campaigns.

PATCH's Combined Federal Campaign (CFC) number is 64544. If you are a federal employee, including military, you can improve the quality of life for all through CFC workplace giving.

Foodland's give aloha campaign lets you give to PATCH with code #77117 and your store Maika‘i card throughout September. Contributions are tax-deductible so please save your receipt.

Or make a tax-deductible donation direct to PATCH at pattchhawaii.org.

Thank you for your support.

Contact Laura Brucia Hamm T: 808.550.3853 E: Laura@Patch-Hi.org.

Thanks to you, our children are going places. . .

Ever consider a gift that keeps on giving? You can support generations to come by making a bequest in your will to PATCH.
make healthier holiday choices

10 tips for a healthier holiday

The holidays are often filled with time-honored traditions that include some of our favorite meals and foods. As you celebrate, think of little changes you can make this holiday season to create healthier meals and active days.

1. **Create MyPlate makeovers**

2. **Enjoy all the food groups at your celebration**
   Prepare whole-grain crackers with hummus as an appetizer; add unsalted nuts and black beans to a green-leaf salad; use low-fat milk instead of heavy cream in your casseroles. Share healthier options during your holiday meal.

3. **Make sure your protein is lean**
   Turkey; roast beef; fresh ham; beans; and some types of fish, such as cod or flounder, are lean protein choices. When serving meats, trim away any fat before cooking. Go easy on the sauces and gravies—they can be high in saturated fat and sodium.

4. **Cheers to good health**
   Quench your thirst with low-calorie options. Drink water with lemon or lime slices. Offer seltzer water with a splash of 100% fruit juice.

5. **Bake healthier**
   Use recipes with unsweetened applesauce or mashed ripe bananas instead of butter. Try cutting the amount of sugar listed in recipes in half. Use spices to add flavor such as cinnamon, allspice, or nutmeg instead of salt.

6. **Tweak the sweet**
   For dessert, try baked apples with cinnamon and a sprinkle of sugar instead of apple pie. Invite your guests to make their own parfait with colorful sliced fruit and low-fat yogurt.

7. **Be the life of the party**
   Laugh, mingle, dance, and play games. Focus on fun and enjoy the company of others.

8. **Make exercise a part of the fun**
   Make being active part of your holiday tradition. Have fun walking and talking with family and friends after a holiday meal. Give gifts that encourage others to practice healthy habits such as workout DVDs, running shoes, and reusable water bottles.

9. **Enjoy leftovers**
   Create delicious new meals with your leftovers. Add turkey to soups or salads. Use extra veggies in omelets, sandwiches, or stews. The possibilities are endless!

10. **Give to others**
    Spend time providing foods or preparing meals for those who may need a little help. Give food to a local food bank or volunteer to serve meals at a shelter during the holiday season.
Healthy Eating Behaviors

Continued from Page 1

Healthy Portion Sizes

Are we setting up our children for a lifetime of weight problems and unhealthy eating by serving inappropriate-ly large portion sizes? Maybe, according to recent research. When given large portions of lunch components that exceeded USDA recommended serving sizes, 5 and 6 year olds ate more of all items than when served recommended portion sizes. 3 1/2 year old children ate similar amounts no matter what portion size they were offered. It appears very young children eat the amount of food needed to satisfy their hunger, then stop. As they get older, children seem to start ignoring their internal hunger cues and eat according to other influences, such as the amount of food offered to them. Nutrition experts think that serving children larger than recommended portion sizes encourages them to eat more than is necessary and may be an important piece of the growing childhood obesity puzzle. CACFP portion sizes are based on the amount of food required for normal growth of children at different stages of development. Providers must always serve at least the minimum portion size of each meal pattern component. If a child is still hungry after finishing the first serving, offer additional food rather than serving very large portions initially.

Adapted from Health A to Z

Children and Portion Sizes

According to a study published in the May 2003 American Journal of Clinical Nutrition, preschool children generally took bigger bites and consumed 25% more when served super-sized portions of a macaroni and cheese entrée. Their overall calorie intake was 15% higher. When offered smaller portions, they ate less.

Oregon State University Extension Service, Nutrition and Health a la Carte 10/03

How to introduce new foods

Parents and caregivers can help preschoolers accept a wider selection of foods by:

- Being role models. Children are more eager to eat foods that they see family and friends enjoying;
- Presenting food in appealing ways by combining different colors, textures and shapes of food; offering small quantities of a new food alongside a familiar one, without pressure to eat the new food;
- Serving a new food when children are with their peers;
- Encouraging them to become familiar with different foods by helping to grow, buy, prepare or serve them;
- Being patient. If an unfamiliar food is not accepted the first time, it can be offered again later. The more often children are exposed to new foods, the more likely they will taste them and learn to accept them;
- Not using foods as rewards. For example, withholding a sweet dessert until all the vegetables are eaten may establish a preference for the dessert and a dislike for the vegetables;
- Respecting individual food preferences. Every child has different likes and dislikes.

Canada’s Food Guide to Healthy Eating, Focus on Preschoolers

Continued next page
Variety

For preschoolers, food variety promotes the positive, pleasurable aspects of eating by allowing them to explore a wide range of foods with different colors, flavors and textures. Preschoolers are eager to learn about the nature of food. From an early age most delight in exploring the textures and savoring the tastes of various foods. Even simple activities such as helping cut open a pumpkin or make muffins are ways children learn about food. Preparing food gives them a feeling of accomplishment. It also encourages them to eat these foods. Potatoes that he helped mash or radishes she picked from the garden are more appealing than those that just appear on the table. Canada’s Food Guide to Healthy Eating.

Cultural Foods

Children eat according to their family’s eating traditions. These traditions are a valued aspect of their culture. Many foods we might eat occasionally, such as sweet potatoes, bok choy and buckwheat, are enjoyed regularly by different cultures. Different cultures also use common foods such as chicken and fish in recipes that show cultural heritage. Learning to appreciate food as prepared and enjoyed by other cultures can add to the interest children already have in food and eating. For example, by offering a staple food such as bread in its many forms (pita, bannock, focaccia, bagels, chapattis, tortillas) and discussing the origins of the food, children can begin to appreciate the cultural diversity that food choices reflect.

Canada’s Food Guide to Healthy Eating, Focus on Preschoolers

For more information, visit the Oregon Department of Education at: http://www.ode.state.or.us/services/nutrition/cacfp/tn/docs/healthy_eating.aspx

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**PATCH Newsletter Annual Subscription Form**

To begin/continue to receive PATCH newsletters by mail, please enclose this form with your $6.50 check made out to PATCH and mail it to us at 560 North Nimitz Hwy, Suite 218, Honolulu, Hawaii 96817.

Or, to become a PATCH Member, please check here □, and enclose your $25 Individual Membership or $100 Organization Membership fee.

| Contact Name: __________________________ | Telephone: __________________________ |
| Organization/Company (If any): __________________________ | Address: __________________________ |
| City: __________________________ State: _______________ ZipCode: ___________ |
| Email: __________________________ |

Please check one or more categories below, to indicate your current relationship with PATCH. This will assist us to find and update existing records for you and ensure that you receive newsletters.

- [ ] Family Child Care Provider
- [ ] Client of PATCH program
- [ ] Other (please specify) __________________________
- [ ] Potential FCC Provider
- [ ] Government Agency Contact
- [ ] Training Class Participant
- [ ] Non-Profit Agency Contact
- [ ] Preschool or Center Contact
- [ ] NEW Subscriber

MAHALO for your support of PATCH.
In honor of National Child Care Provider Appreciation Day we announced winners of PATCH’s fourth annual “Hawaii’s Favorites” contest at our July 24th Annual Benefit Dinner.

Hawaii's Favorites are . . .

Michelle (“Mickey”) Adams
**Winner:** Family Child Care Provider Category
Kamuela Kids Child Care

Shelley Yorita
**Winner:** Single Site Preschool Teacher Category
University of Hawaii Manoa Children’s Center
Honolulu, Oahu

Joy Koyanagi
**Winner:** Multi Site Preschool Teacher Category
KCAA Kuapa Preschool
Hawaii Kai, Oahu

Congratulations!

**Single Site Preschool Finalists**

Diandra Michael
Good Shepherd Preschool
Honolulu, Oahu

Imelda Amy Garma
Keiki Hauoli Children’s Center
Honolulu, Oahu

**Family Child Care Provider Finalists**

Annette Almeida
Time For Tots
Honolulu, Oahu

Tessie Rickard
Kaneohe, Oahu

**Multi-Site Preschool Finalists**

Angela Rice
Kamehameha Preschool
Anahola, Kauai

Gwen Imai
The Cole Academy
Honolulu, Oahu

PAGE 6   PATCH TRAINING TRACKS OCTOBER-DECEMBER 2015
Let’s Move! Child Care Celebrates 4th Anniversary—
Complete an Action Plan Online Today

You could win a toolkit of supplies and materials to support your Early Childhood Education Center or Home’s program.

The PACKARD Foundation is partnering with Let’s Move! Child Care (LMCC) to award providers in meeting LMCC’s goals. Enter by September 18 for a chance to win one of ten toolkits provided by Kaplan. Note, if you already entered an action plan prior to August 17, 2015, you will need to reenter the plan. And, only one winner can be chosen per center so program directors, staff and leaders should complete their plan as a team.

Visit Let’s Move! Child Care website: https://healthykidshealthyfuture.org to complete your Action Plan online & enter the drawing to WIN!

2015 ANNUAL LEADERSHIP SYMPOSIUM & HAWAI‘I EARLY CHILDHOOD CONFERENCE
HONOLULU, HAWAI‘I OCTOBER 2-3, 2015

Our theme this year reflects the importance of the whole child, their families and the adults who work and care for them.

OUR CHILDREN …

BRAVER
With the Courage to Move Forward

HEALTHIER
With the Skills to Sustain Wellness

HAPPIER
By Celebrating Triumphs

These events also cover topics such as current research and issues in higher education, in-service training programs, program administration, accreditation, data collection, current trends in the field, HELDS standards, linguistic and cultural diversity public policy advocacy, as well as many aspects of development, and much more. For more information, contact haeyc@hawaiiaeyc.org or call 808.955.2739. Website: http://hawaiikeiki.org.
### PATCH eLearning Training

**Looking to start your own child care business in your home?**

**Need infant-toddler training to meet licensing requirements?**

PATCH eLearning trainings will enhance your knowledge and skills. Join a community of learners from across the state for a LIVE webinar by one of our qualified, knowledgeable trainers. Or, try our engaging self-paced classes, designed by early childhood specialists.

At $25 per class for live webinars and $20 per class for the self-paced, these two to three hour classes are an affordable alternative to our regular night classes. Take them in the convenience of your home while saving travel time, child care costs, parking fees, and more!


PATCH eLearning INFANT TODDLER CLASSES MEET DEPARTMENT OF HUMAN SERVICES LICENSING REQUIREMENTS FOR INFANT TODDLER CENTER STAFF.

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### Training News

#### PRIVATE TRAINING

Are you a school or organization looking for low-cost training for staff development, parent workshops, or in-service events? PATCH offers private training opportunities tailored to your professional development needs. Knowledgeable and qualified trainers provide training at your site or, if available, at a PATCH training facility at a budget-friendly rate.

Please contact your local PATCH office for more information.

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### save the date!

<table>
<thead>
<tr>
<th>Date/s</th>
<th>Event</th>
<th>Island</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 2-3</td>
<td>HAECY Annual Leadership Symposium &amp; Hawaii Early Childhood Conference Hawaii Convention Center (see page 7).</td>
<td>OAHU</td>
</tr>
<tr>
<td>October 3</td>
<td>Pre-Natal Baby Expo at Waimea’s North Hawaii community Hospital 9-11AM.</td>
<td>BIG ISLAND</td>
</tr>
<tr>
<td></td>
<td>Across from Kahilu Theater. Drop by and say hi at the PATCH Booth!</td>
<td></td>
</tr>
<tr>
<td>October 10-11</td>
<td>Oh Baby! Family Expo—Neal Blaisdell Exhibition Center Exhibition Hall. Hawaii’s OAHU Largest Baby &amp; Kids Event of the Year! Exhibitors, demonstrations, products, and services especially for families. 10am-5pm both days. See page 9.</td>
<td>OAHU</td>
</tr>
<tr>
<td>October 2015</td>
<td>Kauai Walk-A-Thon Support PATCH and walk in Kauai United Way’s Annual Walkathon. Contact PATCH Kauai office to sign-up!</td>
<td>KAUAI</td>
</tr>
<tr>
<td>December 5</td>
<td>Special Training, “The Business of Family Child Care” with Tom Copeland. More information and Kona location to be announced. 10AM-1PM. See p. 29.</td>
<td>KAUAI</td>
</tr>
<tr>
<td>December 12</td>
<td>Special Training, “The Business of Family Child Care” with Tom Copeland. More information and location to be announced. See p. 27.</td>
<td>KAUAI</td>
</tr>
</tbody>
</table>

READ MORE about events and local news on your Island’s News and Training pages.
Title:
Free bilingual science curriculum, PD modules from public television’s *PEEP and the Big Wide World*

Abstract:
We know it’s critical to engage young children in hands-on investigations of the natural world. But where do you find free (and translated!) science curriculum? Or training on the characteristics of effective science teaching? From *PEEP and the Big Wide World*, the Emmy Award-winning preschool STEM series seen on public television. *PEEP* is a federally-funded initiative offering not only the TV show, but resources for families, and curriculum and professional development for family child care educators – in both Spanish and English. Learn why providing science explorations is a critical school-readiness support, what makes a developmentally appropriate science topic, and where to find bilingual resources online.

Presenter:
Gay Mohrbacher is Outreach Project Director for the preschool science series, *PEEP and the Big Wide World* at WGBH, Boston’s PBS station. She works with early childhood educators and families to provide training around and encourage use of resources related to the series on public television. Gay’s background includes 20 years of public relations, marketing, and production work. Before coming to WGBH, Gay was a product manager at Work/Family Directions, managing a broad range of resource and referral services aimed at working parents with young children.

See pages 10-11 for Peep flyer in English and Spanish. Please feel free to give to your families and friends.
PEEP Launches All-New Website and Curriculum

Provides home- and center-based preschool educators effective tools in Spanish and English for teaching science

The Emmy Award-winning series that teaches science and math to an early childhood audience has an all-new bilingual website in Spanish and English—including an extensive science curriculum and video-based professional development about teaching science to young children.

PEEP Science Curriculum
The greatly expanded website features six curriculum units in Spanish and English. Each provides three weeks of exploration and features hands-on activities, videos, and book recommendations.
Visit peepandthebigwideworld.org/en/educators to explore:

Resources for New Audience of Family Child Care Educators
While childcare centers have used PEEP activities for a decade, PEEP now acknowledges the unique demands of family child care providers in its curriculum.

Teaching Strategies
PEEP now also offers professional development videos hosted by English- and Spanish-speaking family child care educators and English-speaking classroom teachers. These videos model strategies needed to effectively teach science to preschool children, including the use of Science Talk, Individualized Instruction, Documentation and Reflection, and setting up Learning Environments: peepandthebigwideworld.org/en/educators

For Families
PEEP also has bilingual resources for families—tips, activity ideas, games, and animated episodes at: peepandthebigwideworld.org

Nueva Página Web Bilingüe Y Programa De Estudios

Proporciona educadores de preescolar para el hogar y centros
herramientas eficaces en Español e Inglés para la enseñanza de las ciencias

La serie ganadora del premio Emmy que enseña ciencias y matemáticas a una audiencia en la primera infancia, tiene una página web bilingüe totalmente nueva en Español e Inglés—including un extenso programa de estudios de ciencias y videos de Formación Profesional para la enseñanza de la ciencia a sus pequeños.

Programa de Estudios de Ciencias de PEEP

La gran expansión de la página web cuenta con seis unidades curriculares en Español e Inglés. Cada una ofrece tres semanas de exploración y funciones para participar en actividades, videos, y recomendaciones de libros.
Visita peepandthebigwideworld.org/es/educadores para explorar:

Recurso para la nueva audiencia de Educadores de Preescolar

Los centros de educación infantil han empleado las actividades de PEEP durante una década, por eso ahora PEEP reconoce las exigencias únicas de los proveedores de educación preescolar familiar en su programa de estudios.

Estrategias de Enseñanza

PEEP también ofrece ahora videos de formación profesional realizados por educadores especializados en enseñanza infantil de habla hispana e inglesa, y profesores de escuela de habla inglesa. Estas videos de estrategias modelo son necesarios para la enseñanza eficaz de la ciencia a niños en edad preescolar; entre ellos el uso de Science Talk (Ciencia Parlante), Individualized Instructon (Instrucción Individualizada), y Documentation y Reflection (Documentación y Reflexión), y La creación de Learning Environments (Ambientes de Aprendizaje):

peepandthebigwideworld.org/es/educadores

Para las Familias

PEEP también tiene fuentes bilingües para las familias— consejos, ideas de actividades, juegos, y episodios animados en:

peepandthebigwideworld.org/es
Resources

For Child Care Professionals

Child Care Aware: A variety of online resources for families including information on how to choose quality child care, child development, activity tips and ideas, military support and more! Visit www.childcareaware.org

Child Care Land - free resources, activity ideas, blank forms, patterns, themes and much more! Visit www.childcareland.com

Docs for Tots - online tool for doctors and child care professionals to collaborate and support efforts to care for young children. Visit www.docsfortots.org

Head Start and Early Head Start Programs - available FREE on Kauai, Maui (Lanai and Molokai), Oahu and the Big Island; both center based and home based options are available. Visit http://hawaii.gov/dhs/self-sufficiency/childcare/headstart/


Preschools: Are you looking for great staff?

Advertise with PATCH’s NEW online Job Network and we will “patch” you through to the right people.

Did you know every month we get over 700,000 website hits?

Do you want child care professionals and people who care for kids to see your job ad?

List it on www.patchhawaii.org today.

Please email VLord@patch-hi.org or call Virginia Lord at 808.550.3852 to learn about our great rates, including special rates for members.

Other Training and Education Services

FIRST AID AND CPR CLASSES:
- AMERICAN RED CROSS: 734-2101 hawaiiredcross.org
- AMERICAN HEART ASSOCIATION: Oahu 538 7021 Kauai 245-7311 Big Is.961-2825 Maui 244-7185 www.americanheart.org
- AMERICAN SAFETY & HEALTH INSTITUTE: 1-800-246-5101* www.ashinstitute.org
- MEDIC FIRST AID: 1-800-800-7099* www.medicfirstaid.com

* These Mainland agencies will advise of independent trainers you may contact to schedule locally based training.

CHILD DEVELOPMENT ASSOCIATE CDA CREDENTIAL 1-800-424-4310 or contact HAEYC at 942-4708

HAWAII ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (HAEYC) 942-4708 hawaiikeiki.org

HONOLULU COMMUNITY COLLEGE Early Childhood Education Program 845-9466

MAUI COLLEGE Human Services Program 984-3208

KAUAI COMMUNITY COLLEGE Early Childhood Education Program 245-8356

HAWAI’I COMMUNITY COLLEGE Early Childhood Education Program 974-7421

HAWAI’I BAPTIST EARLY EDUCATION ASSOCIATION (HBEEA) 946-9581, 947-6679

THE INSTITUTE FOR FAMILY ENRICHMENT (TIFFE) 596-8433

CHAMINADE UNIVERSITY Education Department 739-4652

PROFESSIONAL & CAREER EDUCATION PROGRAM (PACE) Oahu: 845-9496 Hilo: 974-7421

UNIVERSITY OF HAWAII West Oahu: 454-4700 College of Education, Manoa: 946-7915

ALOHA UNITED WAY Call 211 - In the same way calling 911 links you to Emergency services, 211 connects you to 4,000 government and community services. Available Monday-Friday, 6am - 9pm, it’s fast, free & confidential. Call now to GET or GIVE HELP.
# New Child Care Administration Series

**Five – 2.0 hour sessions**

<table>
<thead>
<tr>
<th>Session</th>
<th>Class Description</th>
<th>ASK/SA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td><strong>Child Care Business Basics, Program Design and Management (323)</strong>&lt;br&gt;Understanding that Child Care Administrators need a strong foundation in fundamentals of child development, early childhood education, and organizational management.</td>
<td>MAN:2.0 hr&lt;br&gt;SA:5:2.0 hr</td>
</tr>
<tr>
<td>2</td>
<td><strong>Child Care Staff Qualifications and Professional Development (010)</strong>&lt;br&gt;Understanding the professional development pathways for practitioners in the field of early childhood education and care.</td>
<td>PRO:2.0 hr&lt;br&gt;SA:6:2.0 hr</td>
</tr>
<tr>
<td>3</td>
<td><strong>Early Childhood Education and Care (117)</strong>&lt;br&gt;Early childhood programs emphasis on developmentally appropriate practice and continued quality improvement. CQI.</td>
<td>GD:2.0 hr&lt;br&gt;SA:2:2.0 hr</td>
</tr>
<tr>
<td>4</td>
<td><strong>Diversity and Inclusive Child Care Settings (910)</strong>&lt;br&gt;Quality early childhood programs emphasize working well with others, supporting children and families who are from various cultural and diverse backgrounds.</td>
<td>DIV:2.0 hr&lt;br&gt;SA:4:2.0 hr</td>
</tr>
<tr>
<td>5</td>
<td><strong>Families, Child Care Centers and Community Partnerships (626)</strong>&lt;br&gt;Building family partnerships and encouraging family engagement/involvement as essential practices.</td>
<td>WF:2.0 hr&lt;br&gt;SA:4:2.0 hr</td>
</tr>
</tbody>
</table>

# New Special Needs Series

**Seven – 1.5 hour sessions**

**Also available online: visit [http://elearning.vitalect.com/patch/](http://elearning.vitalect.com/patch/) to sign up!**

<table>
<thead>
<tr>
<th>Session</th>
<th>Class Description</th>
<th>ASK/SA</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td><strong>Introduction to Inclusion (908)</strong>&lt;br&gt;History of IDEA, terminology and reframing language.</td>
<td>DIV:1.5 hr&lt;br&gt;SA:4:1.5 hr</td>
</tr>
<tr>
<td>2</td>
<td><strong>Exploring Inclusion (909)</strong>&lt;br&gt;Exploring inclusion and our role supporting inclusion.</td>
<td>DIV:1.5 hr&lt;br&gt;SA:4:1.5 hr</td>
</tr>
<tr>
<td>3</td>
<td><strong>Inclusive Early Childhood Environments (322)</strong>&lt;br&gt;Benefits of inclusion, planning inclusive environments, and exploring attitudes towards inclusion.</td>
<td>MAN:1.5 hr&lt;br&gt;SA:5:1.5 hr</td>
</tr>
<tr>
<td>4</td>
<td><strong>Creating a Culturally Inclusive Environment (708)</strong>&lt;br&gt;Language and awareness in a group setting and strategies for building tolerance and acceptance.</td>
<td>ENV:1.5 hr&lt;br&gt;SA:1:1.5 hr</td>
</tr>
<tr>
<td>5</td>
<td><strong>Family Partnerships and Inclusion (624)</strong>&lt;br&gt;Importance of building family partnerships, cultural awareness and effective communication.</td>
<td>DIV:1.5 hr&lt;br&gt;SA:4:1.5 hr</td>
</tr>
<tr>
<td>6</td>
<td><strong>Working in an Inclusive Environment (808)</strong>&lt;br&gt;Observation, planning, prevention and reflection in an inclusive environment.</td>
<td>OA:1.5 hr&lt;br&gt;SA:7:1.5 hr</td>
</tr>
<tr>
<td>7</td>
<td><strong>Special Needs, Community Resources and Referral Process (625)</strong>&lt;br&gt;Exploring resources and the referral process for supports.</td>
<td>WF:1.5 hr&lt;br&gt;SA:4:1.5 hr</td>
</tr>
</tbody>
</table>
PATCH Training

How to Read the PATCH Training Calendar

PATCH’s Training Calendar is designed for easy reading. Each class has indicators related to Hawaii’s Attitudes, Skills and Knowledge (ASK) Core Areas and Subject Areas (SA) for the Child Development Associate (CDA) credential.

Basic Series (10 classes) - An overview of basic skills to become a successful family child care provider.

Challenging Behaviors Basic Series (7 classes) - This is for experienced caregivers looking to gain in-depth knowledge and strategies for working with children (ages 2-8) who have challenging behaviors.

Quality Care Series (10 classes) - Series designed to support staff in early childhood programs as they engage in the self-assessment process of Hawaii’s Preschool Content Standards. Meets professional development criteria for early educators.

Puppet Series (5 classes) - For all early childhood professionals who are interested in using puppets to build literacy skills.

Supporting Play Series (5 classes) - Looks at the methods early childhood professionals can utilize to help children (3-5 years) develop socially and cognitively through play.

WestEd Basic Infant/Toddler Series (10 classes) - Introductory series to working with 0-3 year olds. (Meets I/T licensing requirements).

WestEd Advanced Infant/Toddler Series (10 classes) - Focuses on additional considerations when working with 0-3 year old children. Meets Infant/Toddler licensing requirements.

Introduction to Preschool Series (7 classes) - This is for new preschool staff and will provide an overview of working with preschool-aged children in centers or homes.

Infant/Toddler Series 3 (10 classes) - This series will continue to build on the foundations laid in West Ed Basic and Advanced series for Infants and Toddlers. Meets the DHS requirements for 30 hours of maintaining Infant/Toddler professional development training.

I’m Moving, I’m Learning (5 classes) - This series supports healthy practices in children and families to decrease childhood obesity.

Infant/Toddler Social Emotional (10 classes) - This series examines social emotional development of 0-3 year old children and providing individualized support for those with challenging behaviors. (Meets I/T licensing requirements).

Time To Sign Series (4 classes) - Use of sign language with children and families to communicate through music, movement and play.

8 Subject Areas are utilized for the Child Development Associate (CDA). These indicators are important when looking for specific types of classes to fulfill initial CDA requirements:

SA 1 - Planning a safe, healthy learning environment
SA 2 - Steps to advance children’s physical and intellectual development
SA 3 - Positive ways to support children’s social and emotional development
SA 4 - Strategies to establish productive relationships with families
SA 5 - Strategies to manage an effective program operation
SA 6 - Maintaining a commitment to your profession
SA 7 - Observing and recording children’s behavior
SA 8 - Principles of child growth and child development

10 ASK Core Areas are used in Hawaii that are utilized by the CANOES Registry:

Growth & Development (GD)
Professionalism (PRO)
Diversity (DIV)
Observation & Assessment (OA)
Health, Safety & Nutrition (HSN)
Relationships and Guidance (RG)
Learning Environments (ENV)
Planning Learning Experiences (PLE)
Working With Families (WF)
Program Management (MAN)
Reminders About PATCH Training Attendance

Thank you for your diligence as a child care professional and your dedication to your ongoing training and development.

When attending PATCH training classes there are a few guidelines to remember:

Sign Up for Classes Ahead of Time: Remember to sign up for PATCH classes in advance by calling your local PATCH office. To register for a class you must pay a $5.00 refundable deposit to PATCH at least three calendar days before the class. Your $5.00 deposit will be returned upon attendance or can be applied to a future class.

Remember to sign in: You will not receive a certificate for a training class if your name does not appear on the sign-in sheet. Please check all your information on the sign-in sheet. Print clearly when correcting errors in your name, address, or telephone number.

Be on time: If you arrive more than 15 minutes late, you will not be allowed to sign in. If you are unable to stay for the full duration of the training, you will not receive a training certificate. In both of these circumstances, your attendance will not be posted in the database for that class.

Likewise, if a trainer is more than 15 minutes late—you may assume that the class has been cancelled due to unforeseen circumstances. We will call you to reschedule the class.

Turn off your cell phone: As a courtesy to the other participants, please turn off the volume of your cell phone or pager.

Adults only please: We love children too, but as a courtesy to other participants, we ask you to make alternative arrangements for child care.

Bring your Record of Training: Please bring your Record of Training (available via the PATCH office) to each class and remember to get the PATCH instructor’s signature after each class. When you have completed an entire series, please return the original Record of Training to the PATCH office and we will mail you a Certificate of Completion for the series.

Keep good records: Whether you take a PATCH class or any other training, you should keep track of the trainings you attend for future reference. If you need verification of your PATCH classes, there is a $2.00 fee for a computer printout list of classes taken at PATCH. If you have misplaced your Record of Training sheet, there is a $3.00 fee for a replacement. Duplicate certificates are available for $1.00 each. Please keep in mind that PATCH often deletes information that is more than 5 years old to make room for the following year.

PATCH strives to coordinate its Training Program (and other programs) to fit the needs of Hawai‘i’s child care professionals. If you have comments or suggestions, please contact your local PATCH office or send us an email at: Patch@PatchHawaii.org.
Summer has ended, school’s back, and the holidays are fast approaching! What an exciting time of year!

And what an exciting time we have had recently—MAHALO to our sponsors, donors and volunteers who helped make PATCH’s Annual Benefit Dinner exciting and supported Hawaii’s keiki. Thank you family child care providers who attended our Appreciation event at Nancy’s Kitchen—we appreciate the work you do for our keiki and hope you enjoyed your toy-takeaways and Vera Bradley prize bags!

Don’t miss out on some upcoming events below:

✓ Take your family to 2nd Saturday at Oahu Urban Garden Center, hosting a workshop on Container Gardens starting from 9am.

✓ Join PATCH and other vendors at Oh Baby! Family Expo at Neil Blaisdell Center October 10-11.

✓ Have your keiki explore the only royal residence in the United States at Iolani Place November 8th. Palace-guided tours are of-

Above L-R: PATCH’s Laura Brucia Hamm & Megan Lang with Thomas S. Kiyabu of UPS at the Aloha United Way Campaign Kick-off in Honolulu, 8/28. We joined hundreds of supporters. It was a blast!

Below, Clockwise from top left: At the club PATCH Annual Dinner 7/24, Hawaii News Now’s Ramsey Wharton & “Hawaii’s Favorites” winners Joy Koyanagi, Shelley Yorita, Mickey Adams (see page 6 for details) with PATCH’s Laura Brucia Hamm; Laura, Shelley & Ramsey; Miss Penelope Schack; Storybook Entertainment’s Ice Queen & Ice Princess greeted our gorgeous guests.
# Oahu Island Training Calendar

## First Chinese Church of Christ Preschool
1054 S. King Street , Honolulu, HI 96814

<table>
<thead>
<tr>
<th>Course</th>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>POSITIVE DISCIPLINE I (203)</td>
<td></td>
<td>Tuesday, 10/6/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Addresses the frustrations and concerns teachers have when their discipline efforts are not working. ASK: RG-2, SA: SA3-2</td>
</tr>
<tr>
<td>POSITIVE DISCIPLINE II (204)</td>
<td></td>
<td>Tuesday, 10/13/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Shows how our relationships with children have dramatic effects on their responses to discipline. Builds upon Positive Discipline I ASK: RG-2, SA: SA3-2</td>
</tr>
<tr>
<td>POSITIVE DISCIPLINE III (205)</td>
<td></td>
<td>Tuesday, 10/20/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Teaches how we can begin to read the messages behind the child’s behavior. Should be taken after Positive Discipline I &amp; II. ASK: RG-3, SA: SA3-3</td>
</tr>
</tbody>
</table>

## Good Shepherd Preschool
638 N. Kuakini St. , Honolulu, HI 96817

<table>
<thead>
<tr>
<th>Course</th>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive Discipline I &amp; II (modified)</td>
<td></td>
<td>Friday, 11/6/2015</td>
<td>6:00 PM-7:30 PM</td>
<td>1.5 hours</td>
<td>$0</td>
<td>Addresses teacher responses and our relationships with children have dramatic effects on their responses to discipline. ASK: RG-3, SA: SA3-3</td>
</tr>
</tbody>
</table>

## Kama'aina Kids-Honolulu
930 Lunaililo Street , Honolulu, HI 96822

<table>
<thead>
<tr>
<th>Course</th>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>WORKING WITH CHALLENGING BEHAVIORS (224)</td>
<td></td>
<td>Tuesday, 11/3/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Gain a broader understanding of how to help children develop necessary skills to interact successfully with their peers. ASK: RG-3, SA: SA3-3</td>
</tr>
<tr>
<td>INTERVIEW PROCESS (803)</td>
<td></td>
<td>Tuesday, 11/10/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Using interviews and observations to determine the reasons behind challenging behaviors. ASK: OA-3, SA: SA7-3</td>
</tr>
<tr>
<td>BUILDING A BEHAVIOR SUPPORT PLAN I (225)</td>
<td></td>
<td>Tuesday, 11/17/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Introduction to the Positive Behavior Support process. ASK: RG-3, SA: SA3-3</td>
</tr>
<tr>
<td>BUILDING A BEHAVIOR SUPPORT PLAN II (226)</td>
<td></td>
<td>Tuesday, 11/24/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Introducing the process for developing Behavior Support Plans. ASK: RG-3, SA: SA3-3</td>
</tr>
<tr>
<td>EFFECTIVE TEAMING (615)</td>
<td></td>
<td>Tuesday, 12/1/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Strategies for forming family centered teams. ASK: WF-3, SA: SA4-3</td>
</tr>
</tbody>
</table>
Is your child ready for school? We can help!
We provide FREE developmental, hearing and vision screening for 3 and 4 year olds in the Kalihi-Palama area.
Contact Information:
Parents And Children Together
Mikiala Early Screening Program
1485 Linapuni Street, Suite 105, Honolulu, HI 96819
PHONE: 841-2245 EMAIL: hl@pacthawaii.org
Helping keiki prepare for school

## Oahu Island Training Calendar

<table>
<thead>
<tr>
<th>Maili Early Learning Complex</th>
<th>87-790 Kulaaku Street, Waianae, HI 96792</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INTRODUCTION TO EARLY CHILDHOOD EDUCATION AND CARE (106)</strong></td>
<td>Intro. To Preschool</td>
</tr>
<tr>
<td>Monday, 11/2/2015</td>
<td>6:00 PM-9:00 PM</td>
</tr>
<tr>
<td>Overview of professionalism, NAEYC Code of Ethics, and Hawaii Preschool Content Standards. ASK: GD-1.5; PRO-1.5, SA: SA8-1.5; SA6-1.5</td>
<td></td>
</tr>
</tbody>
</table>

| **THE PREPARED PRESCHOOL ENVIRONMENT (702)** | Intro. To Preschool |
| Monday, 11/9/2015 | 6:00 PM-8:00 PM | 2 hours | Cost: $0 |
| Overview of an appropriate environment for preschoolers. ASK: ENV-2, SA: SA1-2 |

| **HEALTH AND SAFETY IN PRESCHOOL SETTINGS (512)** | Intro. To Preschool |
| Monday, 11/16/2015 | 6:00 PM-8:00 PM | 2 hours | Cost: $0 |
| Overview of health and safety regulations. ASK: HSN, SA: SA1 |

| **CLASSROOM MANAGEMENT AND SUPERVISION (231)** | Intro. To Preschool |
| Monday, 11/23/2015 | 6:00 PM-8:00 PM | 2 hours | Cost: $0 |
| Looking at challenging supervision issues and classroom management. ASK: RG-2, SA: SA3-2 |

| **CONVERSATIONS WITH PRESCHOOLERS (107)** | Intro. To Preschool |
| Monday, 11/30/2015 | 6:00 PM-8:00 PM | 2 hours | Cost: $0 |
| Techniques for building conversations with preschoolers. ASK: GD-2, SA: SA8-2 |

| **COMMUNICATION WITH CO-WORKERS AND FAMILIES (006)** | Intro. To Preschool |
| Monday, 12/7/2015 | 6:00 PM-8:00 PM | 2 hours | Cost: $0 |
| Establishing relationships and communication with families and co-workers. ASK: PRO-1; WF-1, SA: SA6-1; SA4-1 |

| **OBSERVATIONS AND ASSESSMENTS IN PRESCHOOL SETTINGS (805)** | Intro. To Preschool |
| Monday, 12/14/2015 | 6:00 PM-8:00 PM | 2 hours | Cost: $0 |
| Introduction to observational tools and how to use them. ASK: OA-2, SA: SA7-2 |
### Mililani Presbyterian I/T Center: 95-410 Kuahelani Street, Mililani, HI 96789

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Education Area</th>
<th>Thursday Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INDIVIDUALIZED INTERVENTION WITH INFANTS/TODDLERS (238)</strong></td>
<td>I/T Social Emotional</td>
<td>10/1/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>Understanding challenging behaviors of infants/toddlers. ASK: RG-3, SA: SA3-3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>WHEN BEHAVIOR GOES OFF TRACK (239)</strong></td>
<td>I/T Social Emotional</td>
<td>10/8/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>Responding to challenging behaviors of infants/toddlers. ASK: RG-3, SA: SA3-3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>EFFECTS OF CHALLENGING BEHAVIORS (240)</strong></td>
<td>I/T Social Emotional</td>
<td>10/15/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>Explore effects and supports of challenging behavior on families and caregivers. ASK: RG-1.5; WF-1.5, SA: SA3-1.5; SA4-1.5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>DEVELOPING A SUPPORT PLAN FOR INFANTS/TODDLERS(241)</strong></td>
<td>I/T Social Emotional</td>
<td>10/22/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>Using a program process to develop a behavior support plan. ASK: RG, SA: SA3</td>
<td></td>
<td></td>
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</tbody>
</table>

### Oahu PATCH Training Room: 560 North Nimitz Highway Suite 218, Honolulu, HI 96817

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Education Area</th>
<th>Tuesday Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INTRODUCTION TO FAMILY CHILD CARE (007)</strong></td>
<td>Basic Series</td>
<td>10/13/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>Introduction to family child care as a service, business and profession. ASK: PRO-3, SA: SA6-3</td>
<td></td>
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</tr>
<tr>
<td><strong>THE BUSINESS OF FCC, PART I: THE BASICS (318)</strong></td>
<td>Basic Series</td>
<td>10/20/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>An overview of how to start a self-owned business. ASK: MAN-3, SA: SA5-3</td>
<td></td>
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</tr>
<tr>
<td><strong>THE BUSINESS OF FCC, PART II: BUILDING IT (319)</strong></td>
<td>Basic Series</td>
<td>10/27/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>An overview of Hawaii State requirements for applying and establishing your family child care home. ASK: MAN-3, SA: SA5-3</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td><strong>THE BUSINESS OF FCC, PART III: PROMOTETING IT (320)</strong></td>
<td>Basic Series</td>
<td>11/3/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>A review of required written policies and procedures for family child care homes. ASK: MAN-1.5; WF-1.5, SA: SA1-1.5; SA4-1.5</td>
<td></td>
<td></td>
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<tr>
<td><strong>RELATIONSHIPS WITH FAMILIES IN YOUR FCC (619)</strong></td>
<td>Basic Series</td>
<td>11/10/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>An overview of how to establish positive working relationships with families. ASK: WF-3, SA: SA4-3</td>
<td></td>
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<td></td>
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<tr>
<td><strong>ADDRESSING HAWAII'S HEALTH STANDARDS (513)</strong></td>
<td>Basic Series</td>
<td>11/17/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
</tr>
<tr>
<td>An overview of Hawaii State regulations pertaining to health standards for family child care homes. ASK: HSN-3, SA: SA1-3</td>
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</tr>
</tbody>
</table>
### Oahu Island Training Calendar

**Oahu PATCH Training Room**: 560 North Nimitz Highway Suite 218, Honolulu, HI 96817

#### ADDRESSING HAWAII’S ENVIRONMENTAL STANDARDS (514)
- **Cost**: $0
- **Basic Series**
- **Tuesday, 11/24/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **Overview of Hawaii State regulations addressing environmental (safety) standards.**  ASK: HSN-3, SA: SA1-3

#### FAMILY CHILD CARE ENVIRONMENT (705)
- **Cost**: $0
- **Basic Series**
- **Tuesday, 12/1/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **Overview of key elements to include in family child care environments.**  ASK: ENV-3, SA: SA1-3

#### PROGRAM PROVISIONS: CHILD DEVELOPMENT (113)
- **Cost**: $0
- **Basic Series**
- **Tuesday, 12/8/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **Overview of Hawaii State regulations for meeting the needs of children and an introduction to child development.**  ASK: GD-1.5; PLE-1.5, SA: SA8-1.5; SA2-1.5

#### PROVIDING QUALITY CARE (008)
- **Cost**: $0
- **Basic Series**
- **Tuesday, 12/15/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **Overview of Hawaii’s Quality Care program and key elements of providing quality care.**  ASK: PRO-1.5; RG-1.5, SA: SA6-1.5; SA3-1.5

**The Cole Academy-Kaimuki**: 1041 10th Ave, Honolulu, HI 96816

#### DEVELOPMENTAL GUIDELINES FOR INFANTS AND TODDLERS (108)
- **Cost**: $0
- **Infant/Toddler Series 3**
- **Monday, 10/5/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **Overview of developmental guidelines for infants and toddlers.**  ASK: GD-3, SA: SA8-3

#### THE PREPARED INFANT AND TODDLER ENVIRONMENT (703)
- **Cost**: $0
- **Infant/Toddler Series 3**
- **Monday, 10/12/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **How to strategically create a responsive environment for infants and toddlers.**  ASK: ENV-3, SA: SA1-3

#### FIRST MOVES: WELCOMING NEW FAMILIES (616)
- **Cost**: $0
- **Infant/Toddler Series 3**
- **Monday, 10/19/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **Supportive strategies to help families transition into new programs.**  ASK: WF-3, SA: SA4-3

#### BUILDING PARTNERSHIPS WITH FAMILIES (617)
- **Cost**: $0
- **Infant/Toddler Series 3**
- **Monday, 10/26/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **An in-depth look into building effective partnerships with families.**  ASK: WF-3, SA: SA4-3

#### UNDERSTANDING INFANT AND TODDLER CURRICULUM (109)
- **Cost**: $0
- **Infant/Toddler Series 3**
- **Monday, 11/2/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **A guide to creating a responsive curriculum for infants and toddlers.**  ASK: GD-3, SA: SA8-3

#### CONVERSATIONS WITH INFANTS AND TODDLERS (420)
- **Cost**: $0
- **Infant/Toddler Series 3**
- **Monday, 11/9/2015**: 6:00 PM-9:00 PM
- **3 hours**
- **Strategies to engage infants and toddlers in conversations.**  ASK: PLE-3, SA: SA2-3
The Cole Academy-Kaimuki: 1041 10th Ave, Honolulu, HI 96816

UNDERSTANDING SOCIAL AND EMOTIONAL DEVELOPMENT OF INFANTS AND TODDLERS (110)  
Monday, 11/16/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  
Looking at social and emotional development of infants and toddlers. ASK: GD-2; RG-1, SA: SA8-2; SA3-1

SUPPORTING THE INDIVIDUAL NEEDS OF INFANTS AND TODDLERS (232)  
Monday, 11/23/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  
Strategies to work with infants and toddlers with challenging behaviors. ASK: RG-3, SA: SA3-3

CULTURAL DIVERSITY IN INFANT AND TODDLER SETTINGS (906)  
Monday, 11/30/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  
Looking at our own personal experiences with diversity and its impact on practices. ASK: DIV-3, SA: SA4-3

CULTURAL SENSITIVITY WITH FAMILIES (907)  
Monday, 12/7/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  
Creating a culturally responsive infant and toddler program. ASK: DIV-1.5; WF-1.5, SA: SA4-3

The Cole Academy-Kapolei: 1033 Ala Kahawai Street, Kapolei, HI 96707

EARLY CHILDHOOD CURRICULUM 101 (421)  
Monday, 10/19/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  

INTENTIONAL TEACHING (422)  
Monday, 10/26/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  

OBSERVATION-BASED PLANNING FOR YOUNG CHILDREN (423)  
Monday, 11/2/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  
Using observation and reflective planning for every child: individual children, small groups, whole groups. HPCS Guiding Principle 2. ASK: PLE-1.5; OA-1.5, SA: SA2-1.5; SA7-1.5

SCIENCE DISCOVERIES IN THE PRESCHOOL ENVIRONMENT (424)  
Monday, 11/9/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  
Science curriculum activities including sensory table activities, Science Centers, science experiments and ideas. HPCS Domain IV Cognitive Development, Subdomain: Science. ASK: PLE-3, SA: SA2-3

MORE THAN COUNTING: MATH IN THE PRESCHOOL (425)  
Monday, 11/16/2015  6:00 PM-9:00 PM  3 hours  Cost: $0  
If you need assistance regarding the training calendar or if you would like to sign up for classes, please contact your local PATCH office.

The Cole Academy-Kapolei 1033 Ala Kahawai Street, Kapolei, HI 96707

TALKING WITH CHILDREN (236)
Monday, 11/23/2015 6:00 PM-9:00 PM 3 hours Cost: $0
Encouraging conversations with children that support learning. HPCS Domain III Language Development and Literacy, Subdomain: Communication. ASK: RG-2; PLE-1, SA: SA3-2; SA2-1

CURRICULUM 201: INTEGRATED CURRICULUM USING SCIENCE AND SOCIAL STUDIES (426)
Monday, 11/30/2015 6:00 PM-9:00 PM 3 hours Cost: $0
Using topics that are interesting to children to design curriculum activities. HPCS Guiding Principles 1, 2, 5, and 6. ASK: PLE-3, SA: SA2-3

FLOWING THROUGH THE DAY: CLASSROOM TRANSITIONS (704)
Monday, 12/7/2015 6:00 PM-9:00 PM 3 hours Cost: $0
Providing transitions that support children relationships and learning. HPCS Guiding Principles 4, 5, 8 and 9. ASK: ENV-3, SA: SA1-3

DOES MY CHILD JUST PLAY ALL DAY?: TALKING TO FAMILIES ABOUT CURRICULUM (618)
Monday, 12/14/2015 6:00 PM-9:00 PM 3 hours Cost: $0
Learn family friendly communication strategies and tools to help families understand how children learn. HPCS Guiding Principle 3. ASK: WF-3, SA: SA4-3

DOCUMENTING QUALITY CURRICULUM IN A QUALITY PROGRAM (317)
Monday, 12/21/2015 6:00 PM-9:00 PM 3 hours Cost: $0
Identifying, collecting and organizing evidence that your program aligns with the Hawaii Preschool Content Standards and Guiding Principles. All HPCS and Guiding Principles. ASK: MAN-3, SA: SA5-3
We’ve moved across the hall! PATCH is now located at:
Puuone Plaza,
1063 Lower Main Street #C-217
Wailuku, HI 96793.

Go up to the second level on the driveway by Bamboo Grille at
the traffic light on Waena Street and Lower Main, turn left and
park in any unreserved stall. We are the last hall entrance before
the middle of the building.

We recognize here some of our community partners on Maui who
so generously offer their space so we can bring PATCH training
to different areas of the island for parents and early childhood
professionals. Thank you to Tutu and Me Traveling Preschool,
Ka Hale A Ke Ola Homeless Resource Center, Kama‘aina Kids
Pilani Children’s Center in Kihei, Kaiser Maui Lani, Little

Check out this picture gallery of recent trainings—enjoy!

Above & Below: Kama‘aina Kids Pilani Children’s
Center in Kihei hosted a PATCH workshop 7/28.

Below: 1-Keiki O Ka Aina, Ka Hale A Ke Ola Center staff & Trainer Kathy McDonald, right. 2-Trainer, Leia Snyder & Keiki O Ka Aina staff.

Below: (2 photos) PATCH’s Leia Snyder & Rosemaree Zazu + UH Maui College ECED class & Kumu Kanani (in stripes) 8/31 & 9/1.
<table>
<thead>
<tr>
<th>Event Title</th>
<th>Location</th>
<th>Dates</th>
<th>Time</th>
<th>Hours</th>
<th>Cost</th>
<th>Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EARLY CHILDHOOD CURRICULUM 101 (421)</strong></td>
<td>Ka Hale A Ke Ola Wailuku</td>
<td>Friday, 10/2/2015</td>
<td>9:00 AM-12:00 PM</td>
<td>3</td>
<td>$0</td>
<td>Quality Care Series</td>
</tr>
<tr>
<td><strong>ROUTINES AND CULTURE</strong></td>
<td></td>
<td>Friday, 10/16/2015</td>
<td>9:00 AM-11:00 AM</td>
<td>2</td>
<td>$0</td>
<td>Other</td>
</tr>
<tr>
<td>Understanding how culture impacts daily routines.</td>
<td></td>
<td></td>
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<tr>
<td><strong>GREETINGS AND DEPARTURES (604)</strong></td>
<td></td>
<td>Friday, 11/6/2015</td>
<td>9:00 AM-11:00 AM</td>
<td>2</td>
<td>$0</td>
<td>Other</td>
</tr>
<tr>
<td>Helping parents and children transition into and out of the child care setting. ASK: WF-2, SA: SA4-2.</td>
<td></td>
<td></td>
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<tr>
<td><strong>PROTECTIVE URGES (606)</strong></td>
<td></td>
<td>Friday, 11/20/2015</td>
<td>9:00 AM-12:00 PM</td>
<td>3</td>
<td>$0</td>
<td>WestEd Advanced</td>
</tr>
<tr>
<td>Working with the feelings of parents and caregivers. ASK: WF-3, SA: SA4-3.</td>
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</tr>
<tr>
<td><strong>INTRO TO SOCIAL/EMOTIONAL WELLNESS (237)</strong></td>
<td>Kaiser Maui Lani Clinic</td>
<td>Tuesday, 10/6/2015</td>
<td>5:00 PM-8:00 PM</td>
<td>3</td>
<td>$0</td>
<td>I/T Social Emotional</td>
</tr>
<tr>
<td>Introduction to key social emotional needs of infants/toddlers. ASK: RG-3; SA: SA3-3.</td>
<td></td>
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</tr>
<tr>
<td><strong>DEVELOPMENT OF SOCIAL EMOTIONAL WELLNESS (115)</strong></td>
<td></td>
<td>Tuesday, 10/13/2015</td>
<td>5:00 PM-8:00 PM</td>
<td>3</td>
<td>$0</td>
<td>I/T Social Emotional</td>
</tr>
<tr>
<td>Developmental concepts of infant and toddler social emotional wellness. ASK: GD-3, SA: SA8-3.</td>
<td></td>
<td></td>
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<tr>
<td><strong>INDIVIDUAL CARE AND SMALL GROUPS (310)</strong></td>
<td></td>
<td>Tuesday, 11/3/2015</td>
<td>5:00 PM-8:00 PM</td>
<td>3</td>
<td>$0</td>
<td>WestEd Advanced</td>
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<tr>
<td>Working with infants and toddlers individually and in small groups. ASK: MAN-2; RG-1, SA: SA5-2; SA3-1.</td>
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<tr>
<td><strong>INDIVIDUALIZED INTERVENTION WITH INFANTS AND TODDLERS (238)</strong></td>
<td></td>
<td>Tuesday, 11/10/2015</td>
<td>5:00 PM-8:00 PM</td>
<td>3</td>
<td>$0</td>
<td>I/T Social Emotional</td>
</tr>
<tr>
<td><strong>SPACE TO GROW (700)</strong></td>
<td></td>
<td>Thursday, 11/12/2015</td>
<td>5:00 PM-8:00 PM</td>
<td>3</td>
<td>$0</td>
<td>WestEd Advanced</td>
</tr>
<tr>
<td>Introduction to basic concepts relating to infant and toddler space. ASK: ENV-3, SA: SA1-3.</td>
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<tr>
<td>Title</td>
<td>Location and Time</td>
<td>Description</td>
<td>ASK Details</td>
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</tr>
<tr>
<td><strong>WORKING WONDERS WITH DIFFICULT PARENTS (602)</strong></td>
<td></td>
<td>Other</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Friday, 10/9/2015</td>
<td>12:00 PM-3:00 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<td></td>
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<tr>
<td>Learn effective communication strategies. ASK: WF-3, SA: SA4-3</td>
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<tr>
<td><strong>TEMPERAMENT AND SECURE RELATIONSHIPS (114)</strong></td>
<td></td>
<td>I/T Social Emotional</td>
<td></td>
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<tr>
<td>Wednesday, 10/15/2015</td>
<td>5:15 PM-8:15 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>Understanding temperament and importance of building secure relationships. ASK: GD-1.5; RG-1.5, SA: SA8-1.5; SA3-1.5</td>
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<tr>
<td><strong>INTRODUCTION TO EARLY CHILDHOOD EDUCATION AND CARE (106)</strong></td>
<td></td>
<td>Intro. To Preschool</td>
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<tr>
<td>Wednesday, 10/21/2015</td>
<td>5:15 PM-8:15 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>Overview of professionalism, NAEYC Code of Ethics, and Hawaii Preschool Content Standards. ASK: GD-1.5; PRO-1.5, SA: SA8-1.5; SA6-1.5</td>
<td></td>
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<tr>
<td><strong>OVERVIEW OF CDA (002)</strong></td>
<td></td>
<td>Other</td>
<td></td>
<td></td>
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<tr>
<td>Tuesday, 10/13/2015</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>What is the CDA and how can PATCH help you? ASK: PRO-3, SA: SA6-3</td>
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<tr>
<td><strong>INTRODUCTION TO FAMILY CHILD CARE (007)</strong></td>
<td></td>
<td>Basic Series</td>
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<tr>
<td>Tuesday, 10/6/2015</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>Introduction to family child care as a service, business and profession. ASK: PRO-3, SA:SA6-3</td>
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<tr>
<td><strong>THE BUSINESS OF FCC, PART I: THE BASICS (318)</strong></td>
<td></td>
<td>Basic Series</td>
<td></td>
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<tr>
<td>Thursday, 10/15/2015</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>An overview of how to start a self-owned business. ASK: MAN-3, SA:SA5-3</td>
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<tr>
<td><strong>THE BUSINESS OF FCC, PART II: BUILDING IT (319)</strong></td>
<td></td>
<td>Basic Series</td>
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<tr>
<td>Thursday, 10/22/2015</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>An overview of Hawaii State requirements for applying and establishing your family child care home. ASK: MAN-3, SA: SA5-3</td>
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<tr>
<td><strong>THE BUSINESS OF FCC, PART III: PROMOTING IT (320)</strong></td>
<td></td>
<td>Basic Series</td>
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<tr>
<td>Thursday, 10/29/2015</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>A review of the required written policies and procedures for family child care homes. ASK: MAN-1.5; WF-1.5, SA: SA5-1.5; SA4-1.5</td>
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<tr>
<td><strong>RELATIONSHIPS WITH FAMILIES IN YOUR FCC (619)</strong></td>
<td></td>
<td>Basic Series</td>
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<tr>
<td>Thursday, 11/5/2015</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
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<tr>
<td>An overview of how to establish positive working relationships with families. ASK: WF-3, SA:SA4-3</td>
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<tr>
<td><strong>ADDRESSING HAWAII’S HEALTH STANDARDS (513)</strong></td>
<td></td>
<td>Basic Series</td>
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<tr>
<td>Thursday, 11/12/2015</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>Cost: $0</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>An overview of Hawaii State regulations pertaining to health standards for family child care homes. ASK: HSN-3, SA: SA1-3</td>
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</tr>
</tbody>
</table>
**Maui PATCH Office**: 1063 Lower Main Street C-217, Wailuku, HI 96793

**ADDRESSING HAWAII’S ENVIRONMENTAL STANDARDS (514)**  
Basic Series  
Thursday, 11/19/2015  
5:30 PM-8:30 PM  
3 hours  
Cost: $0  
An overview of Hawaii State regulations addressing environmental (safety) standards. ASK: HSN-3, SA: SA1-3

**FAMILY CHILD CARE ENVIRONMENT (705)**  
Basic Series  
Thursday, 12/3/2015  
5:30 PM-8:30 PM  
3 hours  
Cost: $0  
An overview of key elements to include in family child care environments. ASK: ENV-3, SA: SA1-3

**PROGRAM PROVISIONS: CHILD DEVELOPMENT (113)**  
Basic Series  
Thursday, 12/10/2015  
5:30 PM-8:30 PM  
3 hours  
Cost: $0  
An overview of Hawaii state regulations for meeting the needs of children and an intro to child development. ASK: GD-1.5; PLE-1.5, SA: SA8-1.5, SA2-1.5

**PROVIDING QUALITY CARE (8)**  
Basic Series  
Thursday, 12/17/2015  
5:30 PM-8:30 PM  
3 hours  
Cost: $0  
An overview of Hawaii’s Quality Care Program and key elements of providing quality care. ASK: PRO-1.5; RG-1.5, SA: SA6-1.5; SA3-1.5

**NEW Special Needs Series!!**

**You may also take these online—see page 12 for details.**

**INTRODUCTION TO INCLUSION (908)**  
Other  
Wednesday, 10/7/2015  
5:30 PM-7:00 PM  
1.5 hours  
Cost: $0  

**EXPLORING INCLUSION (909)**  
Other  
Wednesday, 10/14/2015  
5:30 PM-7:00 PM  
1.5 hours  
Cost: $0  

**INCLUSIVE EARLY CHILDHOOD ENVIRONMENTS (322)**  
Other  
Wednesday, 10/21/2015  
5:30 PM-7:00 PM  
1.5 hours  
Cost: $0  

**FAMILY PARTNERSHIPS AND INCLUSION (624)**  
Other  
Wednesday, 10/28/2015  
5:30 PM-7:00 PM  
1.5 hours  
Cost: $0  
Importance of building family partnerships, cultural awareness and effective communication. ASK: WF, SA: SA4.

**CREATING A CULTURALLY INCLUSIVE ENVIRONMENT (708)**  
Other  
Wednesday, 11/4/2015  
5:30 PM-7:00 PM  
1.5 hours  
Cost: $0  
Language and awareness in a group setting and strategies for building tolerance and acceptance. ASK: ENV, SA: SA1.

**WORKING IN AN INCLUSIVE ENVIRONMENT (808)**  
Other  
Wednesday, 11/18/2015  
5:30 PM-7:00 PM  
1.5 hours  
Cost: $0  
<table>
<thead>
<tr>
<th>Event Title</th>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
<th>Provider Type</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPECIAL NEEDS: COMMUNITY RESOURCES AND</td>
<td>Wednesday, 12/2/</td>
<td>5:30 PM-7:00 PM</td>
<td>1.5 hours</td>
<td>$0</td>
<td>Other</td>
<td>Exploring resources and the referral process for supports. ASK: WF,</td>
</tr>
<tr>
<td>BUILDING A CLASSROOM COMMUNITY (206)</td>
<td>Tuesday, 11/17/</td>
<td>5:30 PM-7:30 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Other</td>
<td>Helping teachers promote respect, teamwork and cooperation within the</td>
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<tr>
<td></td>
<td>2015</td>
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<td></td>
<td>classroom. Primarily for center based providers. ASK: RG-1; PLE-1,</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>SA: SA3-1; SA2-1</td>
</tr>
<tr>
<td>BIGGER THAN BOOKS (414)</td>
<td>Tuesday, 12/1/</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Other</td>
<td>Overview of the importance of reading aloud to your children. ASK:</td>
</tr>
<tr>
<td></td>
<td>2015</td>
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<td></td>
<td>PLE-3; SA: SA2-3</td>
</tr>
<tr>
<td>BUILDING EMOTIONAL LITERACY (428)</td>
<td>Wednesday, 12/2/</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>I/T Social Emotional</td>
<td>Strategies to build emotional literacy skills. ASK: PLE-3, SA: SA2-3</td>
</tr>
<tr>
<td>TEACHING POSITIVE RELATIONSHIPS I (419)</td>
<td>Tuesday, 12/8/</td>
<td>5:30 PM-8:30 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Chall. Behaviors Basic</td>
<td>Identifying effective teachable moments. ASK: PLE-3, SA: SA2-3</td>
</tr>
<tr>
<td>HEALTH AND SAFETY IN PRESCHOOL SETTINGS (512)</td>
<td>Wednesday, 12/9/</td>
<td>5:30 PM-7:30 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Intro. To Preschool</td>
<td>Overview of health and safety regulations. ASK: HSN-2, SA: SA1-2</td>
</tr>
<tr>
<td>TEACHING POSITIVE RELATIONSHIPS II (221)</td>
<td>Tuesday, 12/15/</td>
<td>5:30 PM-7:30 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Chall. Behaviors Basic</td>
<td>Introducing strategies for teaching friendship skills. ASK: RG-2,</td>
</tr>
<tr>
<td></td>
<td>2015</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>SA: SA3-2</td>
</tr>
</tbody>
</table>

**Got Challenging Behaviors? PATCH Infant Toddler Social Emotional Series can help you deal with it!**

**Sign up today to learn about caring for our keiki.**
PATCH held a provider appreciation event for 20 providers at the Courtyard by Marriott Kaua‘i. It was a perfect opportunity to celebrate and honor all of our valued child care providers and preschool teachers. In addition to a deliciously filling breakfast buffet, providers were treated to a special gift bag with items they can use in their work with children as well as for personal care. Special presenters included Thao Tu, on the Early Intervention program at Easter Seals Hawai‘i, Shayne Tokita, from American Speech and Hearing Association, who is a certified speech-language pathologist with Easter Seals Hawai‘i, and Kay Nakamura, Licensed Social Worker with the Department of Health who also works at the Early Intervention Program. They did a wonderful job of speaking on developmental stages and activities that providers can use in their day care or center. 

We Thank the Annie Sinclair Knudsen Memorial Fund and Marisla Fund for supporting this event/program.

Save the date:

⇒ October; Kaua‘i United Way Walk A Thon (Please walk for PATCH to support funds received from KUW that are used for programs that benefit all of the registered providers & preschools on Kaua‘i, which ultimately benefits quality care for our children on Kaua‘i.

⇒ December 12, 2015; Workshop by Tom Copeland, on current information and valuable tips on The Business of Child Care. Tom is a renowned author, expert and speaker on the business of child care.
### Kauai Island Training Calendar

**KAUAI PATCH Office**: 4485 Pahee Street, Lihue, HI 96766

<table>
<thead>
<tr>
<th>Event Title</th>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BUILDING EMOTIONAL LITERACY (428)</strong></td>
<td>Tuesday, 10/6/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Strategies to build emotional literacy skills. ASK: PLE-3, SA: SA2-3</td>
</tr>
<tr>
<td><strong>WORKING IN PARTNERSHIP WITH FAMILIES (621)</strong></td>
<td>Tuesday, 10/13/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Working with families and developing social skills for infants and toddlers. ASK: WF-3, SA: SA4-3</td>
</tr>
<tr>
<td><strong>INDIVIDUALIZED INTERVENTION WITH INFANTS AND TODDLERS (238)</strong></td>
<td>Tuesday, 10/20/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Understanding challenging behaviors in infants and toddlers. ASK: RG-3, SA: SA3-3</td>
</tr>
<tr>
<td><strong>WHEN BEHAVIOR GOES OFF TRACK (239)</strong></td>
<td>Tuesday, 10/27/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Responding to challenging behaviors of infants/toddlers. ASK: RG-3, SA: SA3-3</td>
</tr>
<tr>
<td><strong>EFFECTS OF CHALLENGING BEHAVIORS (240)</strong></td>
<td>Tuesday, 11/3/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Explore the effects and supports of challenging behavior on families and caregivers. ASK: RG-1.5; WF-1.5, SA: SA3-1.5; SA4-1.5</td>
</tr>
<tr>
<td><strong>DEVELOPING A SUPPORT PLAN FOR Infants/Toddlers (241)</strong></td>
<td>Tuesday, 11/10/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Using a program process to develop a behavior support plan. ASK: RG-3, SA: SA3-3</td>
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</table>

**COURTYARD BY MARRIOTT**: Kauai

<table>
<thead>
<tr>
<th>Event Title</th>
<th>Date</th>
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<th>Duration</th>
<th>Cost</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td><strong>THE BUSINESS OF CHILD CARE</strong></td>
<td>Saturday, 12/12/2015</td>
<td>8:00 AM-11:00 AM</td>
<td>3 hours</td>
<td>$0</td>
<td>The business of child care for Family Child Care as well as Center-based. Contracts, marketing, legal issues, money management, and information on record keeping and new tax rules. ASK: MAN-3, SA: SA5-3</td>
</tr>
</tbody>
</table>

Visit [www.patchhawaii.org/providers/training](http://www.patchhawaii.org/providers/training) to learn about PATCH Online Training. Get qualified, on your own time, 24/7!
Congratulations to one of our West Hawaii family child care providers, Michelle “Mickey” Adams. Mickey was flown to Oahu, to attend PATCH’s Annual Benefit Dinner where it was announced she won the title of “2015 Hawaii’s Favorite Provider” for the family child care category.

Thank you to all of the family child care providers who completed their “Health & Safety” training.

Mahalo to Hawaii Island United Way for their generous support of our island residents. Family child care providers, students, and others in the early childhood profession received scholarships to increase their quality of care and/or continue their pursuit of educational goals.

Save The Date

On October 3rd, in Waimea, North Hawaii Community Hospital will be having a “Pre-Natal Baby Expo” across of the Kahilu Theater from 9:00 am to 11:00 am. We hope to see lots of people show up to support this community event. PATCH will be there with a booth, so come by and see us for all your resource needs.

Special training, “The Business of Family Child Care” with Tom Copeland, the nation’s leading expert on Family Child Care. December 5th, 2015, 10:00am-1:00pm in Kona. Final location to be announced. Learn about the business side to running a Family Child Care home. This training is hosted by PATCH, courtesy of the Hawaii Community Foundation.
SAFE SLEEP IN CHILDCARE (518)  Other
Monday, 10/5/2015  6:00 PM-7:30 PM  1.5 hours  Cost: $0
Setting safe sleep environments and response to emergencies.  ASK: HSN-1.5, SA: SA1-1.5.

FOSTERING RESILIENCY (507)  Other
Monday, 10/12/2015  6:00 PM-9:00 PM  3 hours  Cost: $0

THE IMPORTANCE OF PLAY (227)  Play
Friday, 10/16/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
Learn the characteristics and importance of play and identify common problems children may have in play.  ASK: RG-1.5; PLE-1.5, SA: SA3-1.5; SA2-1.5.

TALKING WITH CHILDREN (236)  Quality Care Series
Friday, 10/23/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
Encouraging conversations with children that support learning.  HPCS domain III language development and literacy, subdomain: communication..  ASK: RG-2; PLE-1, SA: SA3-2; SA2-1.

OVERVIEW OF CDA (002)  Other
Friday, 10/30/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
What is the CDA and how can PATCH help you?  ASK: PRO-3, SA: SA6-3.

WORKING WONDERS WITH DIFFICULT PARENTS (602)  Other
Friday, 11/6/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
Learn effective communication strategies.  ASK: WF-3, SA: SA4-3.

NEW Special Needs Series!!

You can take these online too—see page 12 for details.

INTRODUCTION TO INCLUSION (908)  Other
Monday, 10/19/2015  6:00 PM-7:30 PM  1.5 hours  Cost: $0
History of IDEA, terminology and reframing language.  ASK: DIV - 1.5; SA: SA4 - 1.5.

EXPLORING INCLUSION (909)  Other
Monday, 10/26/2015  6:00 PM-7:30 PM  1.5 hours  Cost: $0
Exploring inclusion and our role supporting inclusion.  ASK: DIV - 1.5 ; SA: SA4 - 1.5.

INCLUSIVE EARLY CHILDHOOD ENVIRONMENTS (322)  Other
Monday, 11/2/2015  6:00 PM-7:30 PM  1.5 hours  Cost: $0
Benefits of inclusion, planning inclusive environments, and exploring attitudes towards inclusion.  ASK: MAN - 1.5 ; SA5-1.5.

FAMILY PARTNERSHIPS AND INCLUSION (624)  Other
Monday, 11/9/2015  6:00 PM-7:30 PM  1.5 hours  Cost: $0
Importance of building family partnerships, cultural awareness and effective communication.  ASK: WF - 1.5 ; SA: SA4 - 1.5.
**East Hawaii Training Calendar**

**East Hawaii PATCH Training Room** 26 Waianuenue Ave, Hilo, HI 96720

<table>
<thead>
<tr>
<th>Event Title</th>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Cost</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CREATING A CULTURALLY INCLUSIVE ENVIRONMENT (708)</strong></td>
<td>Wednesday, 11/16/2015</td>
<td>5:30 PM-7:00 PM</td>
<td>1.5 hours</td>
<td>$0</td>
<td>Language and awareness in a group setting and strategies for building tolerance and acceptance. ASK: ENV, SA: SA1.</td>
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<tr>
<td><strong>WORKING IN AN INCLUSIVE ENVIRONMENT (808)</strong></td>
<td>Monday, 11/123/2015</td>
<td>6:00 PM-7:30 PM</td>
<td>1.5 hours</td>
<td>$0</td>
<td>Observation, planning, prevention and reflection in an inclusive environment. ASK: OA - 1.5; SA:SA1 - 1.5</td>
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<tr>
<td><strong>SPECIAL NEEDS: COMMUNITY RESOURCES AND REFERRAL PROCESS (625)</strong></td>
<td>Monday, 11/30/2015</td>
<td>6:00 PM-7:30 PM</td>
<td>1.5 hours</td>
<td>$0</td>
<td>Exploring resources and the referral process for supports. ASK: WF - 1.5; SA: SA4 - 1.5</td>
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<tr>
<td><strong>CHILD ABUSE AND NEGLECT (517)</strong></td>
<td>Monday, 12/7/2015</td>
<td>6:00 PM-9:00 PM</td>
<td>3 hours</td>
<td>$0</td>
<td>Defining, recognizing, reporting and preventing child abuse and neglect. ASK: HSN-3, SA: SA1-3</td>
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<tr>
<td><strong>PROMOTING POSITIVE ATTACHMENT (623)</strong></td>
<td>Monday, 12/14/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Build understanding and awareness of secure attachment for infants. ASK: WF-2, SA-4</td>
</tr>
<tr>
<td><strong>NEW Child Care Administration Series!</strong></td>
<td><strong>CHILD CARE BUSINESS BASICS, PROGRAM DESIGN AND MANAGEMENT(323)</strong></td>
<td>Friday, 11/13/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>Understanding that Child Care Administrators need a strong foundation in fundamentals of child development, early childhood education, and organizational management. ASK: MAN-2, SA: SA5– 2</td>
</tr>
<tr>
<td><strong>CHILD CARE STAFF QUALIFICATIONS AND PROFESSIONAL DEVELOPMENT (010)</strong></td>
<td>Friday, 11/20/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Understanding the professional development pathways for practitioners in the field of early childhood education and care. ASK: PRO-2; SA:SA6-2</td>
</tr>
<tr>
<td><strong>EARLY CHILDHOOD EDUCATION AND CARE (117)</strong></td>
<td>Friday, 12/4/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Early childhood programs emphasis on developmentally appropriate practice and continued quality improvement. CQI. ASK: GD-2; SA: SA2- 2</td>
</tr>
<tr>
<td><strong>DIVERSITY AND INCLUSIVE CHILD CARE SETTINGS (910)</strong></td>
<td>Friday, 12/11/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Quality early childhood programs emphasize working well with others, supporting children and families who are from various cultural and diverse backgrounds. ASK:DIV-2; SA:SA4-2</td>
</tr>
<tr>
<td><strong>FAMILIES, CHILD CARE CENTERS AND COMMUNITY PARTNERSHIPS (626)</strong></td>
<td>Friday, 12/18/2015</td>
<td>6:00 PM-8:00 PM</td>
<td>2 hours</td>
<td>$0</td>
<td>Building family partnerships and encouraging family engagement/involvement as essential practices. ASK:WF-2; SA:SA4-2</td>
</tr>
</tbody>
</table>
INTRODUCTION TO FAMILY CHILD CARE (007)
Thursday, 10/1/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
Introduction to family child care as a service, business and profession.  ASK: PRO-3, SA: SA6-3

THE BUSINESS OF FCC, PART I: THE BASICS (318)
Thursday, 10/8/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
An overview of how to start a self-owned business. ASK: MAN-3, SA: SA5-3

THE BUSINESS OF FCC, PART II: BUILDING IT (319)
Thursday, 10/15/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
Overview of Hawaii State requirements for applying for & establishing your family child care home.  ASK: MAN-3, SA: SA5-3

THE BUSINESS OF FCC, PART III: PROMOTING IT (320)
Thursday, 10/22/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
A review of required written policies & procedures for family child care homes. ASK: MAN-1.5; WF-1.5, SA: SA5-1.5; SA4-1.5

RELATIONSHIPS WITH FAMILIES IN YOUR FCC (619)
Thursday, 10/29/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
An overview of how to establish positive working relationships with families. ASK: WF-3, SA: SA4-3

ADDRESSING HAWAII'S HEALTH STANDARDS (513)
Thursday, 11/5/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
An overview of Hawaii State regulations pertaining to health standards for family child care homes. ASK: HSN-3, SA: SA1-3

ADDRESSING HAWAII'S ENVIRONMENTAL STANDARDS (514)
Thursday, 11/12/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
An overview of Hawaii State regulations addressing environmental (safety) standards.  ASK: HSN-3, SA: SA1-3

FAMILY CHILD CARE ENVIRONMENT (705)
Thursday, 11/19/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
An overview of key elements to include in family child care environments. ASK: ENV-3, SA: SA1-3

PROGRAM PROVISIONS: CHILD DEVELOPMENT (113)
Thursday, 12/3/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
An overview of Hawaii State regulations for meeting the needs of children and an introduction to child development. ASK: GD-1.5; PLE-1.5, SA: SA8-1.5; SA2-1.5

PROVIDING QUALITY CARE (008)
Thursday, 12/10/2015  6:00 PM-9:00 PM  3 hours  Cost: $0
An overview of Hawaii’s Quality Care program and key elements of providing quality care. ASK: PRO-1.5; RG-1.5, SA: SA6-1.5; SA3-1.5
## Hawaii Montessori School at Kona: 74-978 MANAWALEA STREET, KAILUA-KONA, HI 96740

### OVERVIEW OF CDA (002)
- **Saturday, 11/7/2015**
  - 9:30 AM-12:30 PM
  - 3 hours
- **Cost:** $0
- **Other**
  - **ASK:** PRO, SA: SA6

### LANGUAGE DEVELOPMENT (104)
- **Saturday, 10/10/2015**
  - 9:30 AM-12:30 PM
  - 3 hours
- **Understanding and supporting language development.**
  - **ASK:** GD-3, SA: SA8-3

### HEALTH, SAFETY AND NUTRITION (506)
- **Saturday, 10/10/2015**
  - 1:00 PM-4:00 PM
  - 3 hours
- **Health and safety issues surrounding infant and toddler care.**
  - **ASK:** HSN-3, SA: SA1-3

### IT’S NOT JUST ROUTINE (505)
- **Saturday, 10/17/2015**
  - 9:30 AM-12:30 PM
  - 3 hours
- **A look at feeding, diapering and toileting routines.**
  - **ASK:** HSN-2; MAN-1, SA: SA1-2; SA5-1

### SOCIAL GUIDANCE (207)
- **Saturday, 10/17/2015**
  - 1:00 PM-4:00 PM
  - 3 hours
- **Helping infants and toddlers develop positive peer interactions.**
  - **ASK:** RG-3, SA: SA3-3

### TBA - WEST HAWAII: WEST HAWAII AREA, Other, HI 96745

### CREATING SUPPORTIVE ENVIRONMENTS I (701)
- **Friday, 11/13/2015**
  - 8:30 AM-11:30 AM
  - 3 hours
- **Making the connection between environment, social emotional development, and challenging behaviors.**
  - **ASK:** ENV, SA: SA1

### CREATING SUPPORTIVE ENVIRONMENTS II (220)
- **Friday, 11/13/2015**
  - 12:00 PM-3:00 PM
  - 3 hours
- **Developing strategies that support children’s positive social behavior.**
  - **ASK:** RG, SA: SA3

### TEACHING POSITIVE RELATIONSHIPS I (419)
- **Friday, 12/11/2015**
  - 8:30 AM-11:30 AM
  - 3 hours
- **Identifying effective teachable moments.**
  - **ASK:** PLE, SA: SA2

### "DOES MY CHILD JUST PLAY ALL DAY?": TALKING TO FAMILIES ABOUT CURRICULUM (618)
- **Friday, 12/11/2015**
  - 12:00 PM-3:00 PM
  - 3 hours
- **Learn family friendly communication strategies and tools to help families understand how children learn. HPCS Guiding Principle 3.**
  - **ASK:** WF, SA: SA4

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**Mahalo to the State of Hawaii Department of Human Services, Benefit, Employment and Support Services Division**

PATCH, is a local 501c(3) resource and referral agency created in 1976. Our vision is to support and improve the quality and availability of care for young people of Hawaii. PATCH strives to provide families with information and resources needed when looking for quality care for their children; support the professional development of care givers through training; and provide data and services to the community to maximize the quality of the care giving experience and to increase the number and quality of care givers. PATCH has not investigated the resources listed and makes no warranties, express or implied, regarding the nature and quality of goods or services rendered by said resource providers.
Did you know PATCH offers annual memberships? Membership not only shows you support our services, it also offers great benefits. Please consider becoming a member or giving the gift of membership to your staff, family and friends. Members receive:

- Educational discount at Education Works.
- Fulfills CDA credential renewal requirement for you or your staff.
- 20% Discount for select online ECE Classes. *(Individual Membership Only).*
- 10-15% Discount at Aloha Island Uniforms on select school uniform items.
- 50% Discount for job vacancy ad on PATCH website. *(Organization Membership Only).*
- 10% Discount for in-service training for your staff. *(Organization Membership Only).*
- Show your card at Hilo Hattie stores and receive a *free* item with $20 purchase*.
- Lend your voice! Right to vote at PATCH Annual meeting.
- Newsletter by mail.
- Acknowledgement in PATCH annual report.

To become a PATCH Member, please complete and enclose the form below, with your $25 Individual or $100 Organization Membership fee. Please make check out to PATCH and mail to 560 N Nimitz Hwy, Suite 218, Honolulu, Hawaii 96817.

**Name:** ____________________________________________________
**Note:** If this is an organization membership, please designate one contact person.

**Gift for Name:** ____________________________________________
**Gift from Name:** __________________________________________

**Company:** _____________________________________________
**Address:** _______________________________________________
**City:** _____________________ **State:** ____ **Zip Code:** ________
**Phone:** __________________ **Email:** ________________________

*Hilo Hattie Disclaimer: PATCH members must show the cashiers their membership card. Offer valid only at time of purchase, no splitting of transactions allowed. Free mug and free sarong offer cannot be combined with each other or with any other promotion, discount or coupon. Only one free gift per person per day. Designs may vary. Not valid on fine jewelry, concessions or at www.hilohattie.com. Free gifts are limited to store availability. Stores reserve the right to substitute free gift with any available gift at time of redemption.*

To publish my name in your annual reports as follows:
**□** I wish to be listed as Anonymous.

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**Membership Card**

This card certifies that

**Your Name Here** is a member of PATCH, supporting Hawaii’s child care needs

**Member No.**  **Expiration Date**

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**Web:** www.PatchHawaii.org  **Email:** Patch@PatchHawaii.org

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PATCH offices statewide

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Website: www.PatchHawaii.org

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Phone: 808-242-9232

PATCH—Kauai
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Lihue, HI 96766
Phone: 808-246-0622

PATCH—West Hawaii
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Unit 4A
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Phone: 808-322-3500

PATCH—East Hawaii
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Hilo, HI 96720
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Lanai & Molokai: 1-800-498-4145

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