Winter 2021
PATCH Newsletter

Hawaii's Source For Child Care, Training Classes, Updates, and More
COVID-19 has created a need for connection and support amongst the early childhood educators. In September PATCH had the opportunity to support child care providers to support their efforts to remain or re-open during the pandemic. PATCH was awarded, through the CARES Act, monies to help support the DHS licensed Child Care providers on the Big Island. With Health and Safety guidelines in mind, PATCH was able to provide licensed providers the opportunity to expand their child care seats while maintaining social distancing and adhering to CDC and DHS Health & Safety guidelines. 22 Preschools and 42 Family Child Care providers received grants ranging from $1,500-$5,000.

Family Child Care Providers had their garages cemented in (those who previously had dirt), decks were built, fences went up, awnings were installed, carports were enclosed, backyards were transformed into playgrounds, cots were purchased for sleeping, and dishwashers with a sanitation feature were installed.
In addition to the grants, PATCH purchased UV wands, infrared no contact thermometers, fogger guns and disinfectant, a thermal imaging scanner and a glo germ kit for all licensed providers whether they applied for the grant or not.

The year 2020 has been really hard on families. Through it all, our child care providers have stood strong and continued to take care of our children and we commend and support them in every way that we can. Thank you for being there and thank you for everything you do for the children in our community!
This year has been full of change and uncertainty. So many different things have happened that is out of our control. This year has taught me about the importance of flexibility and self-care. As an adult I have my own routines. As a parent, I put in place routines for my daughter. The pandemic hit in 2020 and has disrupted most of those routines. Initially, I felt totally out of control and life felt chaotic. It made me realize that as much as you try to plan and create those routines, it is JUST as important to know how to be flexible and adapt to whatever life decides to throw you.

I cannot say how many times that I wanted to throw myself on the ground, throw a tantrum and cry it out. After reflection, that must be how children feel when they feel like they do not have control. It made me re-think what I do as a parent. Majority of the time, I do my best to set my daughter up for success and prevent anything from disrupting her daily routine or schedule. The pandemic has shown me on a huge scale that an important life skill is being able to take those challenges and adjust. Take your moment to cry if you need to, pick yourself up and figure out what to do next.

One day that I had taken half day off of work, I planned to do something fun with my daughter. It started drizzling then it started raining harder and harder with thunder and lighting. I was determined to have a fun afternoon with her and we decided to go outside and play in the rain. She had a blast and still talked about that one day several months later. It is the little things like stomping in puddles that brings joy.

The next thing that is equally important is self-care. Find something to do just for yourself. You cannot help anyone else if your tank is empty. I have started to read again for fun, binge watched a few TV shows on Netflix, paint my nails, and I also eat sweets and desserts (I try to limit myself on this one). It does not have to be something that takes several hours, but make sure to carve out some time to focus on yourself. If you feel better, you will be able to do everything better, including taking care of others.
Online Training
JANUARY - MARCH 2021

https://collaboration.net/login/patchhawaii

Challenging Behaviors Basic Series
SUNDAYS: 4-7 PM | TRAINER: GENEE
1/3  Building Relationships (219)
1/10  Creating Supportive Environments I (701)
1/17  Creating Supportive Environments II (220)
1/24  Teaching Positive Relationships (221)
2/14  Teaching Positive Behaviors I (222)
3/7   Teaching Positive Behaviors II (223)

Challenging Behaviors Advanced Series
FRIDAYS: 6-9 PM | TRAINER: MOMI
2/5   Working with Challenging Behaviors (224)
2/12  Interview Process (803)
2/13  Building a Behavior Support Plan I (225) SATURDAY: 9-12 PM
2/26  Building a Behavior Support Plan II (226)
3/5   Effective Teaming (615)

Education Leads Home
WEDNESDAY: 6-9 PM | TRAINER: STACY
1/6   Understanding the Impact of Unstable Housing: ELH (631)
1/13  Family Engagement: ELH (632)
1/20  Supportive Program Policies: ELH (633)
**Basic Series:**
*Introduction to Family Child Care*

**Mondays: 6 - 9 PM**

**Trainer:** Jodie

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<tr>
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<td>1/11</td>
<td>Introduction to Family Child Care (007)</td>
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<tr>
<td>1/25</td>
<td>Business of Family Child Care Part I (318)</td>
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<tr>
<td>2/1</td>
<td>Business of Family Child Care Part II (319)</td>
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<td>2/8</td>
<td>Business of Family Child Care Part III (320)</td>
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<td>2/22</td>
<td>Relationships with Families in Family Child Care (619)</td>
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<tr>
<td>3/1</td>
<td>Addressing Hawaii’s Health Standards (513)</td>
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<td>3/8</td>
<td>Addressing Hawaii’s Environmental Standards (514)</td>
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<td>3/15</td>
<td>Family Child Care Environment (705)</td>
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<td>3/22</td>
<td>Program Provisions: Child Development (113)</td>
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<td>3/29</td>
<td>Providing Quality Care (008)</td>
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**Health & Wellness Series**

**Mei**

**Wednesdays: 6:00 - 7:30 PM**

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<th>Topic</th>
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<td>3/3</td>
<td>Healthy Portions, Healthy Choices (520)</td>
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<td>3/10</td>
<td>Happy Mealtime, Healthy Body (521)</td>
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<tr>
<td>3/17</td>
<td>Nutrition All Day (522)</td>
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**Child Care Administration Series**

**Wednesdays: 6:30 - 8:30 PM**

**Trainer:** Mallisa

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<td>1/27</td>
<td>Child Care Business Basics, Program Design &amp; Management (323)</td>
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<td>2/3</td>
<td>Child Care Staff Qualifications &amp; Professional Development (010)</td>
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2/10: Early Childhood Education and Care (117)
2/17: Diversity & Inclusive Child Care Settings (910)
2/24: Families, Child Care Centers & Community Partnerships (626)

Saturdays: 9 - 11 AM  Trainer: Alejandra

2/27: Child Care Business Basics, Program Design & Management (323)
3/6: Child Care Staff Qualifications & Professional Development (010)
3/13: Early Childhood Education and Care (117)
3/20: Diversity & Inclusive Child Care Settings (910)
3/27: Families, Child Care Centers & Community Partnerships (626)

Wested Basic 1/T Series

TUESDAYS: 6:00 - 9:00 PM

Trainer: Jowett

1/12  Intro to Infant/Toddler Care (605)
1/19  Together in Care (309)
1/26  Ages of Infancy (411)
2/2   Discoveries of Infancy I (103)
2/9   Discoveries of Infancy II (409)

Trainer: Brenda

2/16  Emotional Development (102)
2/23  Language Development (104)
3/2   Health, Safety & Nutrition (506)
3/9   It’s Not Just Routine (505)
3/16  Social Guidance (207)
**Infant / Toddler PATCH Training:**

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<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1 / 5</td>
<td>Tuesday</td>
<td>6 - 9:00 PM</td>
<td>Temperament &amp; Secure Relationships (114)</td>
<td>Stacy</td>
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<tr>
<td>1 / 7</td>
<td>Thursday</td>
<td>6 - 7:30 PM</td>
<td>Safe Sleep in Child Care (518)</td>
<td>Alejandra</td>
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<tr>
<td>1 / 14</td>
<td>Thursday</td>
<td>6 - 9:00 PM</td>
<td>Working in Partnerships with Families (621)</td>
<td>Genee</td>
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<tr>
<td>1 / 21</td>
<td>Thursday</td>
<td>6 - 9:00 PM</td>
<td>Stress &amp; Trauma w/ Infants &amp; Young Children (528)</td>
<td>Genee</td>
</tr>
<tr>
<td>1 / 28</td>
<td>Thursday</td>
<td>6 - 7:30 PM</td>
<td>Safe Sleep in Child Care (518)</td>
<td>Genee</td>
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<tr>
<td>2 / 4</td>
<td>Thursday</td>
<td>6 - 8:00 PM</td>
<td>Shaken Baby Syndrome (525)</td>
<td>Thao</td>
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<tr>
<td>2 / 11</td>
<td>Thursday</td>
<td>6 - 7:30 PM</td>
<td>Safe Sleep in Child Care (518)</td>
<td>Genee</td>
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<tr>
<td>2 / 18</td>
<td>Thursday</td>
<td>6 - 9:00 PM</td>
<td>When Behavior Goes Off Track (239)</td>
<td>Genee</td>
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<tr>
<td>2 / 25</td>
<td>Thursday</td>
<td>6 - 7:30 PM</td>
<td>Safe Sleep in Child Care (518)</td>
<td>Genee</td>
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<tr>
<td>3 / 4</td>
<td>Thursday</td>
<td>6 - 9:00 PM</td>
<td>Effects of Challenging Behavior (240)</td>
<td>Genee</td>
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<tr>
<td>3 / 11</td>
<td>Thursday</td>
<td>6 - 7:30 PM</td>
<td>Safe Sleep in Child Care (518)</td>
<td>Jowett</td>
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<tr>
<td>3 / 18</td>
<td>Thursday</td>
<td>6 - 9:00 PM</td>
<td>Building Emotional Literacy (428)</td>
<td>Jowett</td>
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<tr>
<td>3 / 23</td>
<td>Thursday</td>
<td>6 - 7:30 PM</td>
<td>Safe Sleep in Child Care (518)</td>
<td>Stacy</td>
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<tr>
<td>3 / 25</td>
<td>Thursday</td>
<td>6 - 9:00 PM</td>
<td>Stress &amp; Trauma w/ Infants &amp; Young Children (528)</td>
<td>Thao</td>
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"TELL ME AND I FORGET. TEACH ME AND I REMEMBER. INVOLVE ME AND I LEARN."

- BENJAMIN FRANKLIN
Other PATCH Training:

1 / 8 Fri.  1 - 2:30 PM  Effective Stress Management (011)  Trainer: Tami
1 / 8 Fri.  6 - 7:30 PM  Traumatic Brain Injuries (524)  Trainer: Thao
1 / 9 Sat.  6 - 9:00 PM  Working with Children who have ADD/ADHD (601)  Trainer: Stacy

1 / 15 Fri.  1 - 2:30 PM  Conflict Management (012)  Trainer: Tami
1 / 15 Fri.  6 - 7:30 PM  Intro to Seizures (523)  Trainer: Thao
1 / 16 Sat.  9 AM - 12 PM  Positive Conferences (608)  Trainer: Tami
1 / 16 Sat.  6 - 8:00 PM  Nurturing Responsible Behavior (216)  Trainer: Alex
1 / 22 Fri.  1 - 2:30 PM  Effective Time Management (014)  Trainer: Tami
1 / 22 Fri.  6 - 9:00 PM  Working with Children who have ADD/ADHD (601)  Trainer: Thao
1 / 23 Sat.  6 - 9:00 PM  Child Abuse & Neglect (517)  Trainer: Momi
1 / 29 Fri.  1 - 4:00 PM  Bigger Than Books (414)  Trainer: Tami
1 / 29 Fri.  6 - 9:00 PM  Partnering with Parents (602)  Trainer: Alex
1 / 30 Sat.  6 - 9:00 PM  Medication Administration (516)  Trainer: Alejandra
2 / 6 Sat.  9 AM - 12 PM  Teaching with Puppets (429)  Trainer: Stacy
2 / 12 Fri.  1 - 4:00 PM  Fostering Resiliency (507)  Trainer: Tami
2 / 13 Sat.  5:30 - 7 PM  Effective Time Management (014)  Trainer: Alex
2 / 19 Fri.  1 - 4:00 PM  Child Abuse & Neglect (517)  Trainer: Tami
2 / 27 Sat.  5:30 - 7:30 PM  Classroom Management & Supervision (231)
3 / 5 Fri.  1 - 4:00 PM  Partnering with Parents (602)
3 / 6 Sat.  5:30 - 7:30 PM  Conversations with Preschoolers (107)
3 / 13 Sat.  5:30 - 7:30 PM  Communication with Coworkers & Families (006)
3 / 14 Sun.  4 - 7:00 PM  Overview of CDA (002)
3 / 19 Fri.  6 - 9:00 PM  Positive Discipline (203)  Trainer: Alex
3 / 20 Sat.  6 - 7:30 PM  Effective Stress Management (011)  Trainer: Momi
3 / 27 Sat.  6 - 9:00 PM  Bigger Than Books (414)  Trainer: Alex